



**A Psychoanalytic Study of Political Leadership
in the United States and Russia:
Searching for Truth**

**New Release from Bestselling Author and
Psychologist Dr. Karyne E. Messina**

FOR IMMEDIATE RELEASE

New Book Unveils Insights into the Mind of A World Leader

Edited by Bestselling Author and Psychoanalyst Dr. Karyne Messina

“An important approach to political discourse...Messina provides an essential contextual setting in American and Russian history that led to the new Cold War and a hot war in Ukraine. She teaches us that we must examine not only the psychology of world leaders but our own as well, to understand the reasons for our willingness to accept easy and incendiary answers instead of doing independent research and thinking. Reason and respect may yet save the world.”

— Antonina W. Bouis, award-winning translator of Russian literature, founding director of the Soros Foundations during perestroika in the Soviet Union, Member of Council on Foreign Relations and PEN

“An important study...[that] forms the backdrop for understanding what is going on in present day Russia under the leadership of Vladimir Putin, as well as his relationship to the United States and the war he instigated in Ukraine.”

— Kevin Volkan, EdD, PhD, MPH, Professor of Psychology at California State University Channel Islands; Adjunct Professor of Clinical Psychology, California Lutheran University; Medical Education Faculty, Community Memorial Health Systems

Chevy Chase, MD May 20, 2024 – Just two weeks after Vladimir Putin was sworn in for his fifth term as Russian president, bestselling author, psychoanalyst and psychologist Dr. Karyne E. Messina is pleased to announce the release of her sixth book, ***A Psychoanalytic Study of Political Leadership in the US and Russia: Searching for Truth (Routledge, May 20, 2024.*** Providing brilliant psychoanalytic insight into the complex and contradictory motives of Vladimir Putin, contributors include Karyne E. Messina (Editor), Harry Gill, Peter W. Petschauer, Vamik Volkan and Jana Javakhishvili, Robert Gordon, and Austin Ratner.

Drawing on extensive research and expert analysis, Messina and her esteemed contributors provide a unique perspective on the dynamics that have shaped and continue to influence Putin's decisions and behaviors. Offering compelling insights into the psychological underpinnings of his political leadership, the contributors use a range of methods including quantitative research and literary analysis to shed light on Putin's background, outlook and current actions, particularly with respect to the invasion of Ukraine.

Sure to be of great interest to psychoanalysts, ***A Psychoanalytic Study of Political Leadership in the US and Russia*** will also appeal to general readers seeking to understand the complex dynamics of populist leadership. ***A Psychoanalytic Study of Political Leadership in the US and Russia*** is now available through major online retailers. For more information, please visit drkarynemessina.com or contact Routledge.

About the Editor:

Dr. Karyne E. Messina, Ed.D., is a licensed psychologist and psychoanalyst on the medical staff of Suburban Hospital in Bethesda, Maryland. She is a Training and Supervision Analyst at the Washington Baltimore Center for Psychoanalysis. Her books include *Misogyny, Projective Identification and Mentalization: Psychoanalytic, Social and Institutional Manifestations* and *Resurgence of Global Populism: A Psychoanalytic Study of Blame-Shifting and the Corruption of Democracy; Aftermath: Healing from the Trump Presidency*; and *Barbie and the Great American Identity Crisis*. Her [New Book Network](#) podcast topics include new psychology books, psychology and Climate Change, and listening to Black psychoanalysts. Dr. Messina is on a mission to help people apply psychoanalytic principles to address and understand everyday challenges.

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Edited by Karyne E. Messina

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